



New Client Form

Name: _____ Phone: _____

Street: _____ City: _____ State: ____ Zip: _____

Date of Birth: _____ Male Female N/A

E-mail: _____ Occupation: _____

Emergency Contact: _____ Relationship: _____ Phone: _____

How did you hear about us? _____

What areas of your life do you hope floating will help improve? Check as many as needed

PHYSICAL GOALS:

- Increased Energy
- Alleviate Physical Pain
- Athletic Enhancement
- Rapid Physical Recovery
- Headache Relief
- Lower Blood Pressure
- Improve Sleep Quality
- Speed Jet-Lag Recovery

MENTAL GOALS:

- Increase Motivation
- Improve Concentration
- Improve Problem-Solving
- Increase Creativity
- Increase Intuition
- Meditation Practice
- Personal Growth
- Elevate Mood

CLINICAL GOALS:

- Stress Relief
- Reduce Stress-Related Illness
- Depression Relief
- Anxiety Relief
- PTSD Symptom
- Fibromyalgia Relief
- Eliminate Addictive Behaviors
- Eating Disorder

Any additional therapy goals not listed above: _____

If experiencing physical pain, where is this pain: _____

What do you currently do to alleviate the above concerns? _____

List anything that has not worked for you: _____

Are you currently taking any medications, supplements, or vitamins? Yes No

If yes, what and how often? _____

Please list any additional medical conditions: _____

Ad Astra Wellness Liability Waiver & Professional Agreement

We want you to have an amazing and safe experience with us at Ad Astra Wellness and request that you be aware of and agree to the following information and policies:

Facilities: Amenities provided include: robe, towel, washcloth, ear plugs, shampoo/body wash, and shower. It is up to each individual to take caution to prevent slipping or falling as floor surfaces may be wet. The facility is cleaned between each session. Additionally, the tank is fully filtered and sanitized between each session in accordance with the floatation tank community standards and will uphold all standards of the Floatation Tank Association.

Fees: Float sessions are 60 to 90 minutes. Fees vary based on the desired service package. These fees are subject to change. We require payment for services at the time of service.

Cancellation Policy: You must cancel scheduled sessions 24 hours in advance; otherwise, we may bill you for 50-100% of the normal session fee, even if the cancellation was unavoidable. Float Club Members may forfeit a float from their membership balance in the event of cancelling within 24 hours or not arriving for their scheduled session.

I will NOT use the floatation tank if:

- I have not showered thoroughly and still have oils, creams, or makeup on my body.
- I have had any type of hair color/treatment within the past two weeks.
- I am under the influence of alcohol or drugs.
- I have a communicable or infectious skin condition, disorder, or diseases.
- I have open sores.
- I am diabetic, unless my diabetes is under medical control.
- I have a history of heart trouble, epilepsy, seizures or blackouts and have not received my doctor's permission to use the floatation tank.
- I am experiencing a heavy menstrual period or external vaginal episode.
- I have a condition which may be adversely affected by cutaneous absorption of magnesium.
- I have kidney disease.
- I have incontinence, or voluntarily/involuntarily release of bodily fluids of any kind.
- I have applied artificial tanner in the last 72 hours.

I understand that violation of any of these rules that results in contamination of the float tank water may result in a salt replacement fee of up to \$1,000.

I am choosing to use floatation therapy of my own free will and will not hold the owner/operator or Ad Astra Wellness liable for any injury during a session or while on the premises. Ad Astra Wellness reserves the right to refuse service to anyone.

I have read, understand and agree to all of the terms & policies listed above. This signed document represents an agreement between us, which you may revoke in writing at any time.

Signature _____

Date _____

Signature of Parent or Legal Guardian, if under 18: _____